Self Care Through the Arts

SOUL JAM COLLECTIVE:
Meaning, Movement, Mantras and Meditation
March 5-6, 2016

Christine Ciona
MA
Creative Arts Therapy, CCC,
Joy Guru, Abundant Living Guide, Drama Therapist

Joy Guru Christine Ciona will knock your socks off! Enthusiastic and tuned to your infinite potential, she is a worthy and practiced abundant living guide. Through the arts and meditation restore, rejuvenate, reinvent at this sacred soul jam!

Combine with Introduction to Expressive Arts and Practicum Skills for a 15 credit hour Post Bach specialization in Expressive Arts in Education at the University of Winnipeg.

See website to register for the cohort and commit to a year-long program of study

www.wheatinstitute.com
204 293 3869
wheatinstitute@gmail.com