

COURAGE

TAPPING YOUR INNER WARRIOR

Gabrielle Roth's 5Rhythms with Evangelos Diabolitsis

Rudolf Rocker
Cultural Centre

3rd floor • 91 Albert Street

January 15-17 • 2016

7-9:30 pm Friday

11am-6pm Saturday + Sunday



Evangelos Diabolitsis is a certified 5Rhythms movement facilitator and meditation teacher who trained directly with Gabrielle Roth.

He creates an atmosphere that is adventurous and safe, weaving a delicate chemistry of humour and intensity. He has taught across Canada, Asia, Europe and the U.S.

meditationmoves.ca

COST:

Early Bird 2 Weekend Discount:

\$395 Payable by Sept 6, 2015
includes Happiness Oct 2-4, 2015

Full Time Students/Seniors over 65

Discount **10%** (one discount per person)

Regular Rates: **\$250/workshop**

Early Bird: **\$225** payable by Dec 13, 2015

\$20 off if you bring a friend
new to 5Rhythms!

Call Darci to register **204-293-3869** or go to www.wheatinstitute.com
to pay a non-refundable **\$100** deposit to hold your space

La CARAVAN
DANCE THEATRE

