

EXPRESSIVE ARTS THERAPY (EAT) CERTIFICATE PROGRAM for school counsellors and therapists

*An exploration and integration of the therapeutic use
of the arts with **children and adolescents***

A series of five
4-week sessions
Nov 2015 – Apr 2016

Students
will register
as a cohort and
commit to the
year-long program

Mondays
7pm-9:30pm
\$395+GST
4-week session

Eligible as a 6 credit hour Post Baccalaureate course at the University of Winnipeg and as an elective with the Province of Manitoba Counselling and Special Education Certificate Programs. The WHEAT Advanced Course and Practicum Skills Classes can be added to make an EAT specialization at U of W.
Contact Darci for details.



Workshops held at the **St. Norbert Arts Centre**



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www.breathe-create-transform.ca

www.wheatinstitute.com

Art as Medicine Nov 30, Dec 7, 14 & 21, 2015

Using Expressive Arts to Work with Mind, Body, Emotions

by Mark Pearson & Helen Wilson

**Working Creatively with Issues of
Anxiety, Anger & Loss** Jan 4, 11, 18 & 25, 2016

Evocative Strategies in Childhood and Adolescent Psychotherapy

by David Crenshaw

Storytelling , Drawing & the Use of Symbol

Feb 1, 8, 15 & 22, 2016

Windows to Our Children by Violet Oaklander

Narrative Expressive Arts Therapy

Feb 29, March 7, 14 & 21, 2016

Playful Approaches to Serious Problems

by Freeman, Epston & Lobovits

Drama & Movement

April 4, 11, 18 & 25, 2016

Sweat Your Prayers: Movement as Spiritual Practice by Gabrielle Roth

Acting for Real by Renée Emunah



WINNIPEG HOLISTIC
EXPRESSIVE ARTS
THERAPY INSTITUTE